

**ATHLETICS KENYA MOUNTAIN RUNNING CHAMPIONSHIPS
HELD IN NAIVASHA NAKURU COUNTY 22ND NOVEMBER 2020
10KM SENIOR MEN RESULTS**

	MEN			
POS	NAME	BIB	TEAM	TIME
1	PATRICK KIPNGENO	503	NAKURU	50:37.5
2	TITUS KIMUTAI	513	ELGEIYO MARAKWET	51:09.0
3	MICHAEL KAMAU	494	NYANDARUA	51:43.8
4	HILLARY KOECH	747	ELGEIYO MARAKWET	52:00.6
5	EMMANUEL BOR	473	NANDI	52:12.1
6	COSMAS MASINDE	497	BUNGOMA	52:29.2
7	RONALSD KIRUI	707	NAKURU	52:46.8
8	BETHWELL KIPKEMOI	578	NANDI	52:55.1
9	JOSEPH KOECH	485	BOMET	53:16.0
10	LENGEN OLOKURRARU	621	NAROK	53:30.5